

Casa Loma Link

April 2024

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CASA LOMA CURRENT BOARD MEMBERS

Robert "Bud" Glenn – President
308 52nd Ave Drive E
941-900-5760
BuddyL47@yahoo.com

John Bruni – Vice President
109 52nd Avenue E
207-272-1304
Brunijab@yahoo.com

Jeannine Abare – Treasurer
111 52nd Ave East
518-335-5909
JeannineBetters@gmail.com

Amanda Wurtz – Secretary
104 52nd Avenue E
802-477-2045
ALHowe@aol.com

Edward Bringman– Member
205 52nd Avenue E, Bradenton, FL 34203
(941) 219-6591

OFFICE HOUR CHANGES:

OFFICE HOURS – Mondays & Wednesdays from 7 AM to 3 PM (Closed for lunch from Noon to 1 PM); Tuesdays from Noon to 6 PM. **Closed on National Holidays**

VOLUNTEERS OF CASA LOMA INC

Activities:

Co-Directors: Karen Yeager (610) 217-2685
Ron Griffis (586) 303-7639

Link Editor: Steve Long - Phone: (860)-810-5315
Ceramics with Sandy – (419) 442-9100
E-Mail: CasaLomaLink@gmail.com



Contact Newby Management at (844) 285-2099 for after-hours related emergencies and Cherie Smith during regular business hours at (941) 755-8612.

LOCAL NUMBERS

Animal Control	941 742-5933
Code Enforcement	941-748-2071
Elder Helpline	1-800-963-5337
Elder Abuse	1-800-962-2873
FL Highway Patrol (SR 7 - Troop F)	941-751-5350
Sheriff's Dept	941-747-3011 Ext. 2260
CRIMESTOPPERS	1-866-634-8477

HELPFUL NUMBERS

Social Security Administration
(SSA).....1-800-772-1213
7am – 7pm business days
Call to provide notification of death or to inquire about survivor benefits.

U.S. Dept. of Veterans Affairs
(VA).....1-800-827-1000
7am – 7pm business days
Call for survivor benefits, burial benefits or to provide notification of death.

**PLEASE CALL THE SHERIFF'S OFFICE IF YOU SEE ANY UNLAWFUL ACTIONS TAKING PLACE. NON-EMERGENCY NUMBER IS 941-747-3011 Ext. 2260
DO NOT CALL THE OFFICE**

Casa Loma's email address is casaloma@newbymanagement.com
[Newby Management 844-285-2099](tel:844-285-2099)
[Community related emergencies](#)

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FROM YOUR BOARD PRESIDENT

The Annual Shareholder's Meeting is scheduled for April 9th, 2024 at 6:30 p.m. This is an important meeting. Every Shareholder should attend this meeting whether you live in this community or not. Shareholders should contact the office if they need to attend the meeting via video conference. One topic on the agenda is what to do with the previous year's surplus. The options of what can be done with any surplus will be explained at the meeting. Note that a quorum of Shareholders is required to vote. Other topics vital to the operation of Casa Loma will also be on the agenda. If you want a voice and a vote on Casa Loma matters, you are strongly encouraged to attend this meeting. Remember, one vote per Shareholder lot.

Robert "Bud" Glenn, President
Casa Loma Board of Directors



FOR YOUR GOOD HEALTH

April is "Stress Awareness Month".

Stress symptoms may be affecting your health, even though you might not know it. You may blame sickness for that annoying headache, your sleeping troubles, feeling unwell or your lack of focus at work. But stress may really be the cause.

Common effects of stress

Stress symptoms can affect your body, your thoughts and feelings, and your behavior. Knowing common stress symptoms can help you manage them. Stress that's not dealt with can lead to many health problems, such as high blood pressure, heart disease, stroke, obesity and diabetes. This table lists some of the common effects of stress on your body, your mood, or your behavior.

On Your Body

Headache
Muscle tension or pain
Chest pain
Fatigue
Change in sex drive
Upset stomach
Sleep problems
Getting sick easier due to a weaker immune system.

On Your Mood

Anxiety
Restlessness
Lack of motivation or focus
Memory problems
Feeling overwhelmed
Grumpiness or anger
Sadness or depression

On Your Behavior

Overeating or undereating
Angry outbursts
Drug or alcohol misuse
Tobacco use
Avoiding friends and staying at home
Exercising less often

Act to manage stress

If you have stress symptoms, taking steps to manage your stress can have many health benefits. Check out many possible stress management tips. For example:

- Get regular physical activity on most days of the week.
- Practice relaxation techniques. Try deep breathing, meditation, yoga, tai chi or massage.
- Keep a sense of humor.
- Spend time with family and friends.
- Set aside time for hobbies. Read a book, listen to music or go for a walk. Schedule time for your passions.
- Write in a journal.
- Get enough sleep.
- Eat a healthy, balanced diet.
- Stay away from tobacco and alcohol use, and use of illegal substances.

Aim to find active ways to manage your stress. Idle ways to manage stress that don't get you moving may seem relaxing. But they may make your stress go up over time. Examples are watching television, going on the internet or playing video games.

When to ask for help

If you're not sure if stress is the cause, or if you've taken steps to control your stress but you keep having symptoms, see your health care provider. Your health care provider may want to check for other potential causes. Or think about seeing a counselor or therapist, who can help you find the sources of your stress and learn new coping tools. And if you are concerned about harming yourself, call 911 or a suicide hotline.

Source: MayoClinic.org

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APRIL ACTIVITIES

Here's a quick guide to the upcoming Casa Loma activities that you can participate in this month.

- Shuffleboard – Mondays at 6:30 PM and Fridays at 11:00 AM
- Ceramics – Tuesdays and Thursdays at 9:00 AM
- Billiards – Wednesdays at 6:30 PM
- Golf League – Tuesdays at 10:00 AM – Meet at Greens of Manatee
- Bilingual Church Service (Spanish & English) – Sundays at 11:00 AM
- Annual Shareholders Meeting – Tuesday, April 9th at 6:30 PM
- Bingo – As of the time the Link went to press a date hadn't been set for the April Bingo. Check the clubhouse, our Facebook Page for details, or the events signs as you exit the park.

HOLIDAYS AND OBSERVANCES IN APRIL

With spring in full bloom, this month comes a plethora of holidays and observances that focus on health awareness, cuisine, the arts and reading, and community service. For example, wear blue to support Autism Awareness (April 2), plant a vegetable garden for National Garden Month, National Siamese Cat Day (April 6), raise a glass on National Beer Day (April 7), National Hug Your Dog Day (April 10), National Pet Day (April 11), Earth Day (April 22), National Prime Rib Day (April 27), National Kiss Your Mate Day (April 28), or plant a tree for Arbor Day, (April 29) - all in the name of April.

What Major Holidays Are in April? Though rarely considered a holiday for many, the inevitable day your annual taxes are due in the United States falls in mid-April, typically on the 15th. Another holiday that falls in April and many consider major is Earth Day. April Fool's Day is an annual custom, but it is not considered a holiday.

MISDIRECTED MAIL OR PACKAGE?

Be a Good Neighbor. If you receive any mail or a package intended for another address in Casa Loma PLEASE take it to them or bring it to the office for re-delivery.



PLEASE EXTEND TO YOUR CASA LOMA NEIGHBORS THESE COURTESIES

- Observe the 25-mph speed limit at all times - Day or Night!
- Be careful and observant at all times - we have kids playing out there. along with people out for a walk.
- No excessive parties or noise. Quiet hours are from 11 PM to 8 AM - seven days a week.
- All vehicles should have their lights on after dusk and before sunrise. This means cars, trucks, pickups, motorcycles, golf carts, mopeds, bicycles, and three wheelers. If you are using a walker or pushing a baby carriage, please wear bright clothing and/or carry a lit flashlight.

We are all in this life together! Let's enjoy our nice, comfortable community.

ARE YOU TO THE LEFT OR THE RIGHT?

Not politically? When you drive! As you exit Casa Loma, if you are turning left, please keep to the very left. That will allow others who are turning right the opportunity to do so if there is a break in the westbound traffic without having to wait for you to also have a break in the eastbound traffic. By the same token, if you are turning right, by keeping to the right you will give a gentle hint to anyone coming up behind to do likewise.

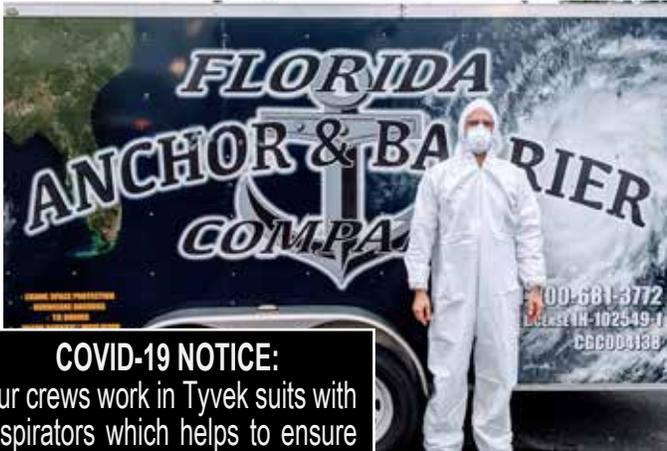


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piece
pipe
plane
primp

rear
remove
repair

shell
smell
steep
street

touch
trust

voice
worry



CASA LOMA'S FACEBOOK PAGE

It's been a while since we've ran this but because we do have a fair number of new owners who may not know it, Casa Loma has a "Shareholders" Facebook page. Are you on Facebook? Well, Casa Loma is also. We have a Facebook page in order to make communications easier with and between our owners. We can share information, meeting notices, upcoming activities, and just get to know our neighbors. There have been times when something comes up too late to get published in the *Casa Loma Link*. Things like weather related issues, death announcements, special meetings, missing pets, etc.



You can find our page by one of two ways:

- On your Facebook home page in the search bar type in "CL Shareholders".
- In your browser search bar type: <https://tinyurl.com/3y22dxc>

You should see a beach photo with life guard tower. Simply click the group and select "Request to Join".

You must provide your name and your property address. One of our webpage administrators will review your request and approve it if you are indeed an owner/shareholder.

There are two rules for use of our page:

1. **Be kind and courteous!** This is a welcoming, safe space for all shareholders. Name calling, bullying, harassment will not be tolerated and you will be removed from this group.
2. **Shareholders only!** This group is specifically for the Shareholders of Casa Loma only. If it is discovered that you are not a shareholder you will be removed from the group.

As you sign up and are approved, invite your shareholder neighbors to also join. The more shareholders that sign up the more effective our site will be!

Sign up, and enjoy!



WE NEED INFORMATION!

Casa Loma will be implementing a "call blast" system shortly in order to notify you of any community emergency, inconvenience, or special event. To do so we need a primary phone number on file so we can send you short-recorded messages as necessary. We also ask that you provide an email address. Please file out the form below and drop it in the lockbox near the office door. NOTE: We will NOT share your information with any outside sources.

Name: _____

Street Address: _____

Primary Phone: _____ Mobile Landline

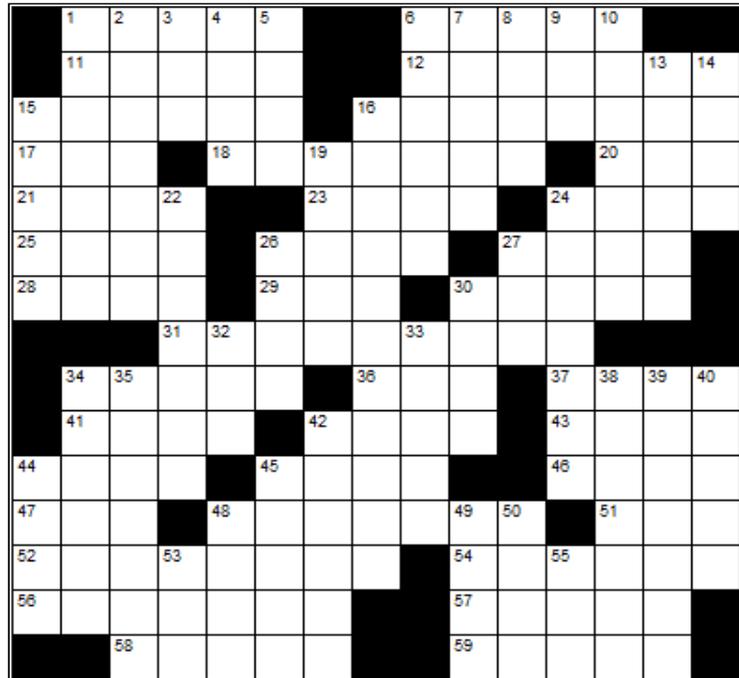
Email: _____

Casa Loma can cannot use this info in a community directory.

April Crossword

ACROSS

- 1. Kind of nut
- 6. Condition
- 11. Extreme
- 12. Rhythmic pattern
- 15. Remnants
- 16. Scales
- 17. N N N
- 18. Bicyclist
- 20. Local Area Network
- 21. Mark down
- 23. Brews
- 24. Amount of medication
- 25. A set of garments
- 26. Small fastener
- 27. Sage
- 28. Engrave
- 29. Picnic insect
- 30. Uninterested
- 31. Humiliation
- 34. Walking sticks
- 36. Dung beetle
- 37. Big party
- 41. Double-reed woodwind
- 42. Cozy
- 43. Dwarf buffalo
- 44. Noble
- 45. Not now
- 46. Jewels
- 47. South southeast
- 48. Forceful
- 51. Encountered
- 52. Sporting venues
- 54. Not a single person
- 56. Perfume
- 57. Large Asian country
- 58. Thick woolen fabric
- 59. It comes from bees



DOWN

- 1. Emotional exhaustion
- 2. Stretchable
- 3. And more
- 4. Ship workers
- 5. Chop finely
- 6. Climbed
- 7. Fables
- 8. Jewish month
- 9. 5 plus 5
- 10. Surround completely
- 13. Stopped
- 14. Feudal worker
- 15. On edge
- 16. Unpunctual
- 19. Deservedly receives
- 22. Grain alcohol
- 24. Lowlife
- 26. Bleats
- 27. Was victorious
- 30. Large mass of floating ice
- 32. Honey insect
- 33. Climb up
- 34. Seashores
- 35. Side by side
- 38. Windflower
- 39. Eventually
- 40. Hurried
- 42. Humiliated
- 44. Being
- 45. Ceasefire
- 48. Banquet
- 49. 2.53 centimeters
- 50. Type of salmon
- 53. Morning moisture
- 55. Container



APRIL



5		8						
6				5		2		4
2				6		9	1	
	7						3	
8					4		2	
3		7	2					
						1		
		5	1				8	7



4	2	5	1	9	6	3	8	7
9	8	6	3	7	5	1	4	2
3	1	7	2	4	8	5	6	9
8	6	3	9	1	4	7	2	5
1	7	9	5	8	2	4	3	6
2	5	4	7	6	3	9	1	8
6	3	1	8	5	7	2	9	4
5	9	8	4	2	1	6	7	3
7	4	2	6	3	9	8	5	1

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2024 APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	6:30 PM - Shuffleboard	9:00 AM - Ceramics @ Sandy Kasten's (Call first) 10:00 AM- Golf League @ Greens of Manatee	6:30 PM - Billiards	9:00 AM - Ceramics @ Sandy Kasten's (Call first)	11:00 AM - Shuffleboard	
7	8	9	10	11	12	13
11:00 AM - Harvest Church Pastor Edmundo Delgado Bi-Lingual	6:30 PM - Shuffleboard	9:00 AM - Ceramics @ Sandy Kasten's (Call first) 10:00 AM- Golf League @ Greens of Manatee 6:30 PM - ANNUAL SHAREHOLDER MEETING	6:30 PM - Billiards	9:00 AM - Ceramics @ Sandy Kasten's (Call first)	11:00 AM - Shuffleboard	
14	15	16	17	18	19	20
11:00 AM - Harvest Church Pastor Edmundo Delgado Bi-Lingual	6:30 PM - Shuffleboard	9:00 AM - Ceramics @ Sandy Kasten's (Call first) 10:00 AM- Golf League @ Greens of Manatee		9:00 AM - Ceramics @ Sandy Kasten's (Call first)	11:00 AM - Shuffleboard	
21	22	23	24	25	26	27
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28	29	30				
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